

***Tasla* Distribution cum-Farmers'-Scientist'-Interface Meeting**

Under the guidance of Dr. R.K. Yadav, Director ICAR- CSSRI, Karnal various activities are being conducted under the SCSP program. Among those activities, one is the Farmers'-Scientists'-Interface Meeting on “Benefits of Kitchen gardening for human health” The

MGMG Team No. 7 organised a *Tasla* Distribution-cum Farmers'-Interface meeting programme with participation 62 SC farmers on 01st August 2024 at MGMG adopted village Jamba under SCSP scheme with progressive farmers and sarpanch of village. In this programme, farmers participated from Habri, Kheri sikander and Jamba which are adopted village under MGMG. The main objective of this programme is to empower and educate the farmers of schedule caste category about the benefits of kitchen gardening in present scenario and providing them *tasla*. On this occasion, Dr. BL Meena,



Member of MGMG team, outlined the benefits of kitchen gardens on human health in the present condition. He also emphasized on the Kitchen Gardening for inspiring the women participants towards using the chemical-free and fresh vegetables at homes. Eating nutritious fruit and vegetables of kitchen gardening can help in reducing the risk of chronic disease such as chronic disease and cancer. The progressive farmers of adopted villages interacted about institute technologies. The members of MGMG team number 7, Dr. Anil Kumar, Dr. Anita Mann, and Dr. Priyanka Chandra, provided their cooperation in organizing this program.